



2019 INFORMATION PACKAGE

Welcome to Dance Express Mackay!!!

Dance Express Mackay is a centre that offers children tuition in all forms of Dance, Music Theatre and Drama. We offer a range of classes to suit children from 18 months through to the Pre-Professional level.

Our aim is to provide a safe, educational and recreational environment for all ages, with high-energy, fun classes taught in a friendly and encouraging atmosphere.

Operating out of our fully-equipped studios in North Mackay, Dance Express offer a large range of classes catering for students of all ages, abilities and personalities.

We endeavor to help each student develop a love of dance and all it has to offer, whilst maintaining their own unique personality and individuality.

At Dance Express Mackay we understand that choosing the right class is both very important and sometimes difficult, so we would like to make this choice as simple as possible for you.

To this end, we have put together this booklet with some helpful information, for you to refer back to throughout the year. Please take the time to read our 2018 @ a Glance at the back of the package, which details all of our achievements from the past year...

If you have any questions regarding our classes please feel free to email info@danceexpressmackay.com.au or phone us on 0407675990.

Cheers

Karen Bishop (Director)



CARER & ME (Combination of Ready Set Dance & Ready Set Ballet)

Available	Students 18 months & older during 2019
Class Size	15
Uniform	RSD Dress or RSD T'Shirt & Shorts
Shoes	Ballet Shoes with Elastic

READY SET BALLET

Available	Students turning 3, 4 or 5 during 2019
Class Size	15 (Teacher + Student Teacher when required)
Uniform	RSD Dress
Shoes	Ballet Shoes with Elastic
Hair	In a Bun
Boys	RSD T'Shirt Black Shorts

READY SET DANCE (Tap, Jazz & Hip Hop)

Available	Students turning 3,4 or 5 during 2019
Class Size	15 (Teacher + Student Teacher when required)
Uniform	RSD Dress
Shoes	TAN Elasta Bootie Jazz Shoes & Tap Shoes (optional)
Hair	In a Bun
Boys	RSD T'Shirt, Black Shorts

These classes are designed to introduce the students to Ballet, Tap, Jazz & Hip Hop dancing. Starting with the very basics and working through a large repertoire of steps and dances, we focus on co-ordination, musicality, memory skills and most of all having fun!! The Ready Set Ballet curriculum is designed by master teachers and child development experts especially to inspire little stars..

The Ready Set Dance program is a combo class that includes Jazz, Tap, Hip Hop, Singing, Music and whole lot of fun. This class is not only an introduction to dance but a place to grow, learn and make friends. Ready Set Dance is the perfect way to start developing the co-ordination skills that are the basics of all dance classes.



CLASSICAL BALLET

Syllabus	Royal Academy of Dance (RAD)
Available	To all students turning 6 or older during 2019
Class Size	15-20 (Teacher + Student Teacher when required)
Uniform	Blue Leotard & Skirt (Primary Only) Studio Leotard (Graded & Vocational) Pink Tights or Socks
Shoes	Ballet Shoes with Elastic, Grade 1–5 Character Shoes & Skirt
Hair	In a Bun
Boy's	Studio T-Shirt with Black Bike Shorts



TAP

Syllabus	Tapatakaz
Class Size	20 (Teacher + Student Teacher when required)
Available	To all students turning 6 or older during 2019
Uniform	Any combination of the Studio Uniform.
Shoes	Beige Tap Shoes Black Lace Up's (12& over classes)
Hair	In a Bun or High Ponytail

In these classes the students learn rhythmical style of dance combining steps to music both old & new. We aim to teach both freestyle & technical tapping focusing on timing, light & shade, style and performance.



CONTEMPORARY

Syllabus	Jason Winters Contemporary Syllabus CSTD
Available	To all students turning 7 or older during 2019
Class Size	20
Uniform	Black Leotard/Crop Top with Black Studio Leggings.
Shoes	Bloch Eclipse & Knee Pads
Hair	In a Bun

A slower, soft, more expressive form of dance incorporating technical fundamentals of classical & contemporary.

This abstract style of dance was very popular on the TV show 'So You Think You Can Dance'.



JAZZ

Syllabus	CSTD Modern Jazz
Available	To all students turning 6 or older during 2019
Class Size	25 (Teacher + Student Teacher when required)
Uniform	Any combination of the Studio Uniform
Shoes	Black Jazz Shoes.
Hair	Must be off the face in a high ponytail

A very commercial style of dance with an emphasis on Technique, often seen in many Music Videos. Using body isolations and combinations with attitude, this class offers a raw approach to dance with an edgy street flavour.

All students wanting to compete in the Eisteddfod MUST do these Jazz Classes.

HIP HOP

Available	To all students turning 6 or older during 2019
Class Size	25 (Teacher + Student Teacher when required)
Uniform	Any combination of the Studio Uniform
Shoes	Black Jazz Shoes.
Hair	Must be off the face in a high ponytail

This style is perfect for the BOYS....



MUSIC THEATRE & DRAMA

Available	To all school aged students in during 2019
Class Size	20 (Teacher + Student Teacher when required)
Uniform	Studio T'Shirt & Black Shorts
Shoes	Black Elasta Boote Jazz Shoes
Hair	Must be off the face in a high ponytail

This class combines singing, dance, drama and will cover a range of excerpts from various Musicals. As well as teaching the art of musical comedy, slapstick and mime the students will also learn how to entertain & engage the audience as a performer.

AGE GUIDELINES for 2019

Note that our class ages are as of 01.01.19 due to competition & examination age requirements....

We have also put the School Grade beside the Ballet classes as an indication..

Please check when enrolling that your child is in the correct classes to enable them to achieve everything they want during the year....

2017	Carer & Me							
2016	Carer & Me							
2015	Ready Set Dance	Ready Set Ballet	AcroTots					
2014	Ready Set Dance	Ready Set Ballet	AcroTots					
2013	Pre-Primary Ballet(Prep)	6&u Jazz	6&u Tap	Music Theatre	Drama	Acro		
2012	Primary Ballet (Gr1)	6&u Jazz	6&u Tap	Music Theatre	Drama	Acro		
2011	Gr 1 Ballet (Gr2)	8&u Jazz	8&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2010	Gr 2 Ballet (Gr3)	8&u Jazz	8&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2009	Gr 3 Ballet (Gr4)	10&u Jazz	10&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2008	Gr 4 Ballet (Gr5)	10&u Jazz	10&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2007	Gr 5 Ballet (Gr6)	12&u Jazz	12&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2006	Ballet(High School)	12&u Jazz	12&u Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp
2005+	Ballet	14&Senior Jazz	14&Senior Tap	Music Theatre	Drama	Acro	Hip Hop	Contemp

Note that the above classes are just a guide, your child will be placed into the class that best suits their individual needs.....



REGISTRATION

All students who attend Dance Express must complete and return a Registration Form (link below) together with their non refundable Registration fee of \$25. This fee is payable once per calendar year only....

https://www.cognitoforms.com/DanceExpressMackay1/_2019DanceExpressMackayREGISTRATIONFORM

Please note that NO enrollment is activated unless the form and fee has been received or alternatively during the holidays the Registration can be posted to Dance Express Mackay, 6 Wilga Court, Beaconsfield, Mackay, QLD 4740.

FEE PAYMENTS

Dance Express terms run in conjunction with the school terms.

Regular classes do not run during school or public holidays but we do often have workshops & exam practices, please refer to the Studio Calendar in the Newsletters for these dates.

NO Classes Public Holidays YES Classes Student Free Days

NEW IN 2019 is our payment options. We have 3 ways to pay your fees.

1. Monthly Payments – The 4 terms of fees will be divided equally over 10 months (Feb – Nov) and paid by Direct Debit on the 1st of each month. (this is our most favoured option)
2. Full Payment in Week 1 of each term.
3. ½ Payment in Week 1 & ½ Payment in Week 5.

Ready Set Dance - \$150
Ready Set Ballet - \$120
Both Ready Set Ballet & Ready Set Dance Discounted - \$250
45 minute classes = \$110/term
1 hour classes = \$125/term
1.5 hour classes = \$140/term

Invoices will be issued at the beginning of each Term and payment options are listed above. Alternative classes can be attended for any missed classes during the term, but please make contact to check that there is space available.

Refunds are not available for change of mind or change of circumstances.

However, in some cases, you may be able to transfer fees towards another class or term.

If you are having financial difficulties, please arrange a private chat with Karen to organise a payment plan...

TRANSFERRING OR ADDING NEW CLASSES

We ask that you call or email the studio before transferring so we can check availability in the class, correct your account and let teachers know of any new students. Please also make contact if you decide not to continue with a class, as many classes have waiting lists.

ABSENCES FROM CLASS

If your child is going to be absent from class we ask you to send a text message to 0407675990 or email admin@danceexpressmackay.com.au with students name and class missing, please **do not** Facebook.

Also note that this does not change your term fees in any way.

COMMUNICATION & SOCIAL MEDIA

At Dance Express our main form of communication is via our Closed Parent Facebook Group to keep families up to date with what is happening at the studio.

There is always the latest copy of the latest news on the noticeboard situated in the parent room, so come on in and have a look....

So to keep up to date with the DE events be sure to do the following:

LIKE our Dance Express Mackay Facebook PAGE

JOIN our Dance Express Mackay: Parents & Friend Group Facebook GROUP (approval is required)

FOLLOW us on Instagram @danceexpressmackay

PARENT VIEWING

For the Ready Set Dance & Ready Set Ballet students who are attending Dance Express for the first time, parents may come and watch the **first** class to help them settle.

So we can teach the most effective lesson, parents are not permitted to regularly watch any classes. We have an 'Open Week' at the end of Term 2 at which parents are invited to watch their child's class. During 'Open Week' the taking of Video and Photos must be checked with the teacher prior to the class starting, this is to be sure all parents have ticked the correct box on their Registration Form.

We understand that 'Special Visitors' arrive from time to time, please phone ahead to check if we are able to accommodate them. With this in mind please be aware that we have a 'Closed Door' policy for all of Term 3 as we prepare for the Concert.

UNIFORMS - We have fabulous NEW Uniforms for 2019

All students are required to own and wear the Studio Uniform at Dance Express.

For some of the new students we understand that you may like to wait until the 'be sure you're happy cooling off period' of 4 weeks before you go ahead and purchase the Studio Uniform. We do, however, like all students to attend each class in uniform throughout the year. We expect all students to own a DE T-shirt....

This is important so that they feel part of a class, and develop a feeling of belonging, in addition teachers can easily see their bodies for correction/alignment.

Please be careful when purchasing 2nd hand uniforms as many are now the OLD uniform, anything purchased from pre-2013 is definitely not new...

During the year we will have 'special' non uniform weeks, like Crazy Socks, Halloween, Bad Hair etc. these will be posted on the Noticeboard and Facebook..

**Our Studio Uniforms are ONLY stocked at
DANCEWEAR MACKAY
Holland Street, West Mackay. 49510095**

SAFETY

The studio/teachers are responsible for the students while they are in class, we are not responsible for students who are dropped at the studio well before their class time and left well after their class has finished...

Of course, we will do everything possible to keep all students safe while on the premises, but you can help by asking your child NOT to wait or hang out on the footpath...

Students in the following classes are not allowed to leave the classroom until collected by an adult at the door- Ready Set Dance, Ready Set Ballet, all 6 & under Jazz/Tap, Pre-Primary & Primary Ballet classes...

As the teachers all have families waiting for them at the end of the day we would appreciate students being collected no later than 10 minutes after their class has finished.

Please note that in the event of very bad weather (cyclones or severe storms) the studio closes when schools are closed or the radio is telling people to stay off the roads.

Please listen to the radio, check our FB page or text me on 0407675990 if you are in doubt....

EXAMINATIONS

Students at Dance Express are encouraged to take their examinations in Classical Ballet (RAD), Contemporary (CSTD), Jazz (CSTD), Tap (Tapatak Oz), Hip Hop (CSTD), Music Theatre (CSTD). If you are wanting your child to enter an examination, please be sure you have enrolled in the correct classes—no child can sit for an examination unless they are participating in the correct number of classes per week from the beginning of the year....

Fees & requirements for the exams are the responsibility of the parents, a note is sent home prior to the exam detailing fees and requirements.

Please check the EXAMINATION HANDBOOK for all exam details....

EISTEDDFOD

As a studio we participate in the local Mackay Eisteddfod held each year in October. If students are wanting to compete in Solo/Duo sections they must be committed to their classes and practice. Any student wishing to perform a Solo at the Eisteddfod must have sat the corresponding examination if one is offered for their age group ie. Tap Exam = Tap Solo, Up-Tempo Modern = Jazz Exam, Slow Modern = Contemporary and Classical/Demi Character Solo = Ballet Exam.

Students involved in group items must attend the correct number of classes to be eligible to compete, please note all students involved in group items must be available for rehearsal during the 2nd week of the Sept School Holidays..

DANCE EXPRESS DOES NOT AUDITION STUDENTS FOR THEIR GROUPS all students who are attending the correct classes are invited to compete, if there is a group section for their age. Students competing for Dance Express are unable to also compete in any dance sections for another dance school without prior consultation and written permission from Miss Bishop. Many students also compete in various other competitions around the area. Please advise Miss Bishop if you are interested in travelling to any of these Eisteddfods.

ANNUAL CONCERT....

Every year ALL of our students are invited to perform in our annual dance concert on the big stage at the MECC.....

This is the day when all students get to feel like a STAR.....

Performance in the concert is completely optional but definitely encouraged. The students work on the routines for these concerts each week in class starting in Term 3, developing their skills in the process and learning the importance of rehearsal, commitment, performance techniques and teamwork...

Dressing up in costumes is often the student's favourite part of the year, besides of course, performing in them!!! Dance Express is a NO SEW ZONE for parents, all costumes come ready made to put on and dance... A (non-refundable) deposit \$50 is paid at the beginning of Term 3, then the fun begins for the teachers and the fabulous ladies at DANCEWEAR MACKAY who have the task of costuming very child in the studio. Remember NO Deposit & NO Costume will be ordered...

***The concert date for 2019 is Sunday Nov 24
with show times to be advised.***

2019 Term Dates:

Term 1	Monday Feb 4 – Saturday April 6
Term 2	Tuesday April 23 – Saturday June 29
Term 3	Monday July 15 – Saturday September 21
Term 4	Tuesday October 8 – Saturday December 7

NEW email addresses for 2019
info@danceexpressmackay
admin

2019 'DE' Timetable – Quick Find

Carer & Me	Tues 9.30am
Ready Set Dance	Tues 10.15-11.15 & 4.00-5.00 Thurs 10.15-11.15 & 4.00-5.00 Sat 9.00-10.00 & 10.30-11.30
Ready Set Ballet	Tues 9.30-10.00 & 3.30-4.00 Thurs 9.30-10.00 & 3.30-4.00 Sat 10.00-10.30
Pre-Primary Ballet	Mon 3.30-4.15pm
Primary Ballet	Mon 3.30-4.15pm
Grade 1 Ballet	Mon 4.15-5.00 & Thurs 3.30-4.15
Grade 2 Ballet	Mon 4.15-5.00 & Thurs 4.15-5.00
Grade 3 Ballet	Mon 5.00-5.45 & Thurs 3.30-5.00
Grade 4 Ballet	Mon 5.00-5.45 & Thurs 5.00-6.30
Grade 5 Ballet	Mon 5.45-6.30 & Sat 9.00-10.30
Intermediate Ballet	Tues 5.00-6.30 & Sat 12.00-1.30
Advanced F Ballet	Tues 6.30-8.00 & Wed 3.30-5.00
Advanced 1 Ballet	Tues 5.45-7.15 & Wed 5.00-6.30
Advanced 2 Ballet	Mon 6.30-8.00 & Wed 6.30-8.00
Junior Pointe	Mon 6.30-7.15
Advanced Pointe	Mon 5.45-6.30
Stretch	TBA
6&under Jazz	Wed 3.30-4.15 & Sat 9.00-9.45
8&under Jazz	Wed 4.15-5.00 & 5.00-5.45
10&under Jazz	Wed 5.00-5.45 & 5.45-6.30
12&under Jazz	
Gr 4	Wed 5.00-5.45
14&under Jazz	
Gr 5	Fri 5.30-6.30
Gr 6	Fri 6.30-7.30
Gr 7	Fri 5.30-6.30
Senior Jazz	
Gr 8	Fri 7.30-8.30
Gr 9	Thurs 8.00-9.00
Junior Hip Hop	Tues 5.00-5.45
Intermediate Hip Hop	Tues 3.30-4.15
Senior Hip Hop	Mon 5.00-6.00
Junior Contemporary	Tues 4.15-5.00
Foundation Contemporary	Fri 3.30-4.30
Level 1 Contemporary	Fri 4.30-5.30
Level 4 Contemporary	Thurs 5.00-6.30
Level 5 Contemporary	Thurs 6.30-8.00
6&under Tap	Wed 4.15-5.00 & Sat 9.45-10.30
8&under Tap	Wed 3.30-4.15
10&under Tap	Wed 3.30-4.15 & 4.15-5.00
12&under Tap	Wed 5.45-6.30
14&under Tap	
Teen Adv 2	Fri 3.30-4.30
Pre-Senior Adv 2	Fri 4.30-5.30
Senior Tap	
Senior Adv 1	Fri 6.30-7.30
Teenage Tap (no exams)	Mon 6.00-6.45
Junior Music Theatre	Fri 3.30-4.15
Primary School Drama	Fri 4.15-5.00
Intermediate Music Theatre	Fri 5.00-5.45
Senior Music Theatre	Tues 3.30-4.15
Secondary School Drama	Tues 4.15-5.00
AcroTots	Sat 11.30-12.15
Junior Acro	Sat 12.15-1.00
Intermediate Acro	Sat 10.30-11.30
Advanced Acro	Mon 4.00-5.00